

All Things
Therapy training



QLS Level 5 Diploma in Clinical Hypnotherapy

(Endorsed by Skills and Education Group)

Clinical Hypnotherapy provides an effective method of understanding psychological issues and creates changes in behaviour patterns. It is highly effective in treating a number of psychological, psychosomatic and behavioural problems, such as, anxiety, stress, depression, addictions and weight loss.

This CPD course is designed to give learners the knowledge, skills, and competencies to provide Clinical Hypnotherapy to clients. This is a course for qualified therapeutic counsellors who have acquired sufficient client work to move into a Clinical Hypnotherapists role.

Once the course has been successfully completed you will feel confident to be able to use the skills and knowledge within your counselling work and also to set up your own private Clinical Hypnotherapy practice.

Participants will need to be working as counsellors under supervision. Training will take place over 3 weekends and the course will consist of:

- Hypnotherapy Theory
- Understanding Client Issues that can be treated with Hypnotherapy
- Assessment practices
- Training in practical skills
- Script writing and How to set up your own private practice

Participants will be assessed through continual practical assessment by Tutors and Peers and will be expected to write a case study and a reflective piece as well as to complete 10 hours of external practical sessions.

Course dates for 2026:

Spring Dates: 9th, 10th, 16th, 17th May, 20th and 21st June

Autumn Dates: 26th, 27th Sept, 3rd, 4th Oct, 14th, 15th Nov

Fees: £800 (payment plan available) Discounts offered for groups of 10+

Certificate: Provided by Skills and Education Group Quality Licence Scheme for CPD

Venue: RASA Education Training Centre, *Bootle L20 4TZ*

For further information or to book a place please contact:
education@rasamerseyside.org or Tel: 07739536857

