

# REWIND Training

**Venue: RASA Offices, Unit 2-3 Stella Nova, Washington Parade, Bootle, Merseyside, L20 4TZ**

**RASA  
MERSEYSIDE**

**The training course is approved by the British Psychological Society Learning Centre for the purposes of Continuing Professional Development (CPD). The course is delivered by one of our 2 accredited Rewind Trainers. The workshop course is so structured:**

**The first half of the day** is spent on understanding the difference between PTSD and PTS. The theoretical basis on how the Rewind Technique works at neuronal level. Comparing the advantages of the Rewind Technique with other treatments. How to assess the severity of the impact of the trauma on the individual and how to assess treatment has been successful. There will then be an opportunity to see a practical demonstration.

**The second half of the day** is practical: delegates will be given the opportunity of being both therapist and/or client. The workshop ends with a questions and answers session.

**A comprehensive manual on how and when to use the Rewind will be provided.**

## **LEARNING OUTCOMES AND OBJECTIVES**

- Competence in applying the Rewind Therapy
- A clear understanding of how and why the Rewind works
- The process of becoming an accredited practitioner/ Supervision support
- A certificate of attendance

**Entry level for this qualification is a Level 4 therapeutic qualification.**

**Minimum numbers of 8 are needed in order for the training to go ahead.**

**Our training is 10.00am—4.00pm offered on the following dates for 2022:**

**Saturday 19<sup>th</sup> March**

**Saturday 21<sup>st</sup> May**

**Saturday 30<sup>th</sup> July**

**Sunday 25<sup>th</sup> September**

**Saturday 26<sup>th</sup> November**

**Cost £120 per person**

To discuss in more detail and to take advantage of this opportunity please contact Vicky Green, Accredited Rewind Trainer  
[victoria.green@rasamerseyside.org](mailto:victoria.green@rasamerseyside.org) Office: 0151 5581801