

QLS Level 5 Diploma In Counselling Adult Trauma

**Venue: RASA Offices, Unit 2-3 Stella
Nova, Washington Parade, Bootle,
Merseyside, L20 4TZ**



Who is this course for? Qualified counsellors wishing to expand and deepen their knowledge of working with trauma and sexual abuse.

What is covered on this course?

- Students will learn the theory of psychological trauma, including looking at physiological, biological, psychological, and sociological responses to trauma.
- Students will learn about the different diagnoses of trauma, with a focus on complex trauma and sexual abuse
- Students will learn about the theory of attachment and how these different attachment styles can influence a therapist's approach to working with psychological trauma
- Students will learn a staged approach to working with trauma through exploring and critiquing trauma focused models.

Course Curriculum:

Module 1: Trauma Theory

Module 2: Complex Trauma and Attachment with specific reference to sexual abuse

Module 3: Safe Trauma Therapy: assessment, managing risk, and trauma focused models

Module 4: Working with Trauma: A Staged Approach

Module 5: Self Care, Vicarious Trauma, and Burnout

Method of assessment:

In order to successfully complete this CPD course that is endorsed by Skills and Education Group under their Quality Licence Scheme all students are required to complete a 3,500 word case study.

Requirements:

To complete the 3 weekends training course, students must be qualified counsellors and a registered member of the British Association for Counsel-

**The training is over 3 weekends on the
following dates during 2023**

9.30am—3.30pm :

**Spring dates: 13th, 14th January, 17th, 18th
Feb, 2nd, 3rd March**

**And Thurs/Fridays for the Summer dates:
16th, 17th, 23rd 24th, 30th & 31st May**

Easy payment schedule

Course fee £800.00

**£200 Deposit and a payment plan can be
agreed for the remainder of the fee.**

**A registration fee is payable to Skills and
Education Group of £10**

To discuss in more detail and to take advantage of this opportunity please contact Lianne Austin, RASA Education Student Experience Senior Administrator education@rasamerseyside.org

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