

QLS Level 5 Diploma In Counselling Adult Trauma

**Venue: RASA Offices, Unit 2-3 Stella Nova,
Washington Parade, Bootle, Merseyside,
L20 4TZ**

**RASA EDUCATION
LIMITED**

Who is this course for? Qualified counsellors wishing to expand and deepen their knowledge of working with trauma and sexual abuse.

What is covered on this course?

- Students will learn the theory of psychological trauma, including looking at physiological, biological, psychological, and sociological responses to trauma.
- Students will learn about the different diagnoses of trauma, with a focus on complex trauma and sexual abuse
- Students will learn about the theory of attachment and how these different attachment styles can influence a therapist's approach to working with psychological trauma
- Students will learn a staged approach to working with trauma through exploring and critiquing trauma focused models.

Course Curriculum:

Module 1: Trauma Theory

Module 2: Complex Trauma and Attachment with specific reference to sexual abuse

Module 3: Safe Trauma Therapy: assessment, managing risk, and trauma focused models

Module 4: Working with Trauma: A Staged Approach

Module 5: Self Care, Vicarious Trauma, and Burnout

Method of assessment:

In order to successfully complete this CPD course that is endorsed by Skills and Education Group under their Quality Licence Scheme all students are required to complete a 3,500 word case study.

Requirements:

To complete the 3 weekends training course, students must be qualified counsellors and a registered member of the British Association for Counselling and Psychotherapy, or another relevant body.

The training is over 3 weekends on the following dates during 2023

9.30am—3.30pm :

**Spring dates: 7th, 8th January, 4th, 5th Feb
11th, 12th March**

**And Thurs/Fridays for the Summer dates:
4th, 5th, 11th, 12th, 25th & 26th May 2023**

Easy payment schedule

Course fee £800.00

£200 Deposit and a payment plan can be agreed for the remainder of the fee.

A registration fee is payable to Skills and Education Group of £10

To discuss in more detail and to take advantage of this opportunity please contact Lois Arch, Head of Curriculum for RASA Education Ltd
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