

# QLS Level 5 Diploma In Counselling Adult Trauma

**Venue: RASA Offices, Unit 2-3 Stella Nova, Washington Parade, Bootle, Merseyside, L20 4TZ**

**RASA  
MERSEYSIDE**

**Who is this course for?** Qualified counsellors wishing to expand and deepen their knowledge of working with trauma and sexual abuse.

## **What is covered on this course?**

- Students will learn the theory of psychological trauma, including looking at physiological, biological, psychological, and sociological responses to trauma.
- Students will learn about the different diagnoses of trauma, with a focus on complex trauma and sexual abuse
- Students will learn about the theory of attachment and how these different attachment styles can influence a therapist's approach to working with psychological trauma
- Students will learn a staged approach to working with trauma through exploring and critiquing trauma focused models.

## **Course Curriculum:**

Module 1: Trauma Theory

Module 2: Complex Trauma and Attachment with specific reference to sexual abuse

Module 3: Safe Trauma Therapy: assessment, managing risk, and trauma focused models

Module 4: Working with Trauma: A Staged Approach

Module 5: Self Care, Vicarious Trauma, and Burnout

## **Method of assessment:**

In order to successfully complete this CPD course that is endorsed by ABC Awards and Certa Awards under their Quality Licence Scheme all students are required to complete a 3,500 word case study.

## **Requirements:**

To complete the 4 weekends training course, students must be qualified counsellors and a registered member of the British Association for Counselling and Psychotherapy, or another relevant body.

**The training is over 4 weekends on the following dates 10am—4pm during 2020:**

**19th and 20th September**

**17th and 18th October**

**14th and 15th November**

**5th and 6th December**

## **Easy payment schedule**

**Course fee £800.00**

**£200 Deposit and a payment plan can be agreed for the remainder of the fee.**

**A registration fee is payable to ABC and Certa Awards of £10**

To discuss in more detail and to take advantage of this opportunity please contact Lois Arch, Head of Curriculum for RASA (Rape and Sexual Abuse Centre) [education@rasamerseyside.org](mailto:education@rasamerseyside.org)

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